



Dixie State University
Department of Family Studies and Human Development
Syllabus

Course Title: Infant/Child Nutrition

Meeting Days/Time: Online

CRN: 22340

Semester/Year: Spring 2018

Instructor's Email: lwright@dixie.edu

Course Number: FSHD 2120-40

Credit Hours: 3

Instructor: Linda M. Wright, Ph.D.

Instructor's Phone Number: 435-652-7866

Instructor's Office Location and Office Hours:
WEDU #110 – M 8-10; MW 11-12; F 9-10

Course Description: For students interested in nutrition. Includes strategies for meeting the nutrient needs of infants, toddlers, preschool, and school-age children. Covers menu planning for children in day care and preschool settings and methods for teaching nutrition to children. Uses online modules and observations. Prerequisite: FSHD 1020

Course pre-requisites and/or co-requisites: FSHD 1020

Lab or course fees: N/A

Required Textbook(s) and Materials: Health, Safety, and Nutrition for the Young Child
Marotz, L R. Ninth Edition

Course Objectives and Outcomes:

Family and Consumer Sciences Department Learning Outcomes:

1. Define currently accepted theory within the discipline.
2. Evaluate theory using applications and exercises to personalize the depth of knowledge and understanding.
3. Demonstrate professional practices specific to the discipline by completing assignments.
4. Show, in writing, the ability to think critically by:
 - a. Gathering information
 - b. Comparing and contrasting sources and quality of information
 - c. Evaluating information for reliability and validity
 - d. Creating resolutions/proposals to solve questions or problems within the discipline

Course Objectives	Corresponding Course Assessment
Students will gain a basic understanding of eating patterns and behaviors of the infant and young child.	Case studies, quizzes, video response papers, observations, menu planning.
Students will understand methods for applying nutritional guidelines relevant for infants and children.	Case studies, quizzes, video response papers, observations, menu planning.
Student will develop nutrition lesson plans appropriate for teaching food and nutrition concepts to young children.	Nutrition Education Lesson Plans

Students will observe young children in a variety of settings such as a day care center and elementary school lunch program.	Observation written papers.
Students will teach nutritional concepts to preschool children.	Lesson Reflection paper.

Grading:

Grades will be based on the following:

10 Quizzes	About 10 pts ea.	100
Observation papers	20 pts. ea.	40
Chapter assignments	10-15 pts. ea.	100
(2)Nutrition lesson plans	30 pts. ea.	60
Teaching nutrition lesson/reflection		50
Final Exam		100

No Extra Credit is given. Keep up with reading and assignments as outlined.

A = 95-100	B = 84-86	C = 74-76	D = 64-66
A- = 90-94	B- = 80-83	C- = 70-73	D- = 60-63
B+ = 87-89	C+ = 77-79	D+ = 65-69	F = Below 59

It is the responsibility of the student to verify that all grades have been correctly placed into CANVAS by the instructor. Monitor CANVAS weekly and notify the instructor immediately, if you are missing a grade or have received an incorrect grade.

Save tests, quizzes, and other assignments to verify your claims. Grades will not be changed without proof of instructor oversight or error, and no grade can be changed once final grades have been entered.

Important dates to remember for Spring 2018:

Semester calendars available at <https://academics.dixie.edu/syllabus/#semester>.

Date & Time of Final Exam for this course: Friday, 4/27 – Monday, 4/30 @ the DSU Testing Center

Final Exam Schedule for Spring 2018: <https://academics.dixie.edu/final-exam-schedule-spring-2018/>

DSU Student Academic Conduct, Academic Integrity, Other Policies:

Please visit <https://academics.dixie.edu/syllabus/#semester> (click on Policies and Statements link) for information on DSU policies related to Academic Dishonesty/Academic Integrity, Disruptive Behavior, Absences related to college functions, Disability/Accessibility Resources, DMail, and Title IX.

Non-student in the classroom and other designated study areas: ([Policy 525: 4.4](#)) In support of existing policy of the Dixie State University Handbook, it is expected that only bona fide students as defined and classified by the Dixie State University catalog, will attend classes, unless specific prior permission for guests has been obtained from the instructor.

Title IX, Harassment and Nondiscrimination: For DSU's Title IX, Harassment, and Nondiscrimination policies, please [click here to see Policy 154](#).

Disability Statement: If you suspect or are aware that you have a disability that may affect your success in the course you are strongly encouraged to contact the Disability Resource Center (DRC) located at the North Plaza Building. The disability will be evaluated and eligible students will receive assistance in obtaining reasonable accommodations. Phone # 435-652-7516. Website: <https://dixie.edu/drcenter>.

Important links:

Disability Resource Center – <https://dixie.edu/drcenter>
Health and Counseling Center – <https://wellness.dixie.edu>
IT Help Desk – <https://dixie.edu/helpdesk>
Library – <http://library.dixie.edu>
Testing Center – <http://dixie.edu/testing>
Tutoring Center – <http://dixie.edu/tutoring>
Writing Center – <https://writingcenter.dixie.edu>

Instructure Canvas: If anyone has forgotten their login information or your course is not displaying, please contact the Helpdesk and/or the help desk website <http://www.dixie.edu/helpdesk/>. The Helpdesk is located on the second floor of the Holland building, across from the east elevators. Online tutorials for CANVAS can be found at <http://guides.instructure.com/>.

Course Policies:

Academic Integrity

Failure to comply with academic integrity, honesty, and behavior standards may result in course failure or administrative withdrawal from the class. DON'T CHEAT!

ASSIGNMENTS

1. Weekly modules will include the course assignments.
2. Assignments are due the day noted in the module. All assignments should be submitted through Canvas.
3. PLEASE READ YOUR CANVAS EMAIL REGULARLY FOR COURSE INFORMATION!
4. Spelling and grammar are graded in all assignments.
5. No assignments will be accepted more than a week late
6. Twenty percent of the grade will be deducted for the first day late and ten percent each day after that.

Quizzes

Ten chapter quizzes will be given throughout the semester. You will take the quizzes on Canvas. There will not be any time extensions for the quizzes. You will be held accountable for content covered in the reading. Quizzes may include multiple choice, true and false, short answer and essay type questions.

The final exam will be comprehensive and taken at the DSU testing center.

Class Schedule: Please check weekly modules for assignments and due dates!

**FSHD 2120: INFANT AND CHILD NUTRITION
LINDA M. WRIGHT, Ph.D.**

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Spring 2018

Week	Chapter
Week 1 Jan 8-14	Chap 12: Nutrition Guidelines
Week 2 Jan 15-21	Chap 13: Nutrients that Provide Energy
Week 3 Jan 22-28	Chap. 14: Nutrients that Promote Growth and Regulate Body Functions
Week 4 Jan 29 –Feb 4	Nutrition and Pregnancy Pgs. 381-383
Week 5 Feb 5-11	Breastfeeding vs. Bottle feeding Pgs. 384-388
Week 6 Feb 12-18	Chap 15: Feeding Infants Pgs. 388-399
Week 7 Feb 19-25	Chap 16: Feeding Toddlers Pgs. 405-411
Week 8 Feb 26-Mar 4	Chap 16: Feeding Young Children Pgs. 411-421
Week 9 Mar 5-11	Chap 17: Planning and Serving Nutritious and Economical Meals
Week 10 Mar 12-18	<u>SPRING BREAK</u>
Week 11 Mar 19-25	Chap 17
Week 12 Mar 26- Apr 1	Chap 18: Food Safety
Week 13 April 2-8	Chap 19: Nutrition Education: Rationale, Concepts, and Lessons
Week 14 April 9-15	Chap 19
Week 15 April 16-22	Chap 19
Week 16 April 22-30	Review for Final FINAL: 4/27-4/30 in DSU testing center